



CENTER FOR MUSIC THERAPY EDUCATION AND RESEARCH (CMTER)

(Sri Balaji Vidyapeeth)

MUSIC THERAPY INTERNSHIP PROGRAM

(CREDIT BASED)



HAND BOOK OF RULES AND REGULATIONS

Pondicherry

Eligibility :

a) Academic Requirements :

Indian students enrolled in any one of an equivalent program to PGDMT/Master's degree in Medical Music Therapy from Center for Music Therapy Education, Sri Balaji Vidyapeeth, Pondicherry

b) Musical skills :

1. The intern to have the ability to sing well adhering to the pitch and rhythm and articulate lyrics of the songs clearly.
2. The intern (vocalist) to have a broad repertoire to sing in different Indian genres like classical music, devotional music, motivational and philosophical film music, folk music and children songs in the local regional language (Tamil) to fulfill the needs of the patients with whom they would be working in the hospital
3. The intern (instrumentalist) must be able to follow and accompany the other music therapy colleagues and also play in the instrument a broad repertoire as mentioned above

c) Music Therapy skills:

1. The intern must have the ability to follow the guidance of the supervisor and be open to the constructive criticism from the supervisor during the internship program and also be able to introspect on her/his strengths and weaknesses
2. The intern to have the ability to observe the (verbal and non-verbal) responses of the patients during the sessions and record the observations.
3. The intern to have a pleasant disposition and therapeutic relationship with the patients and to maintain professional relationship with the inter-disciplinary salutogenic health care team of MGMCRI.

Period of training: 6 months

Internship Periodicity :

Internship training batches to commence twice a year in February and August.

Fees Payable: Rs.15000/-

Internship Site :

Center for Music Therapy Education and Research, Mahatma Gandhi Medical College and Research Institute campus, Pondicherry

Internship Training Description :

Supervised practice in selected clinical settings offered at Center for Music Therapy Education and Research, Mahatma Gandhi Medical College and Research Institute campus, Sri Balaji Vidyapeeth, Pondicherry in the Departments of Psychiatry, Cardiology, Pediatrics, Dermatology, Palliative Care, Obstetrics and Gynecology and Radiology with emphasis on Music Therapy Assessment, Treatment Planning, Intervention and Evaluation to suit appropriate music therapy goals within the given clinical population.

Period of Internship Training: 6 months (full time)

Clinical areas covered during the Internship Program:

Music Therapy with a Salutogenic Focus in the areas of

1. Procedural Support (during MRI, endoscopy, angiogram, angioplasty, hemodialysis and pediatric immunization procedures)
2. Pain management
3. Psychiatric Illnesses
4. Garbh Sanskar (a healthy pregnancy and healthy baby program)
5. Community Outreach Programs with 1) transgenders 2) children with special needs 3) geriatric individuals
6. ICU and ICU waiting area

Internship Program Goals :

1. To become informed about patient care services in hospitals where music therapists work

2. To learn, gain experience and follow standard operational procedures for referrals to music therapy services from clinicians in hospitals
3. To learn about different characteristics of people with a variety of needs and abilities, while working in the hospital
4. To gain experience in planning and implementing individual and group music therapy sessions
5. To develop music therapy skills within a structured, supportive learning environment
6. To develop the communication, interpersonal, and problem-solving skills necessary for professional music therapy practice
7. To develop knowledge and skills in: observation, patient assessment, treatment planning and design, Setting up goals and objectives , implementation, evaluation, documentation and self-evaluation
8. To obtain personal growth and development in personality that are necessary for music therapy practice.
9. To apply music therapy skills clinically with various populations.
10. To learn and demonstrate the concept and practice of professionalism in music therapy practice
11. To become initiated to research in clinical practice.
12. To work professionally in an inter-disciplinary team with health care and allied health care professionals in a hospital.
13. Acquire knowledge on professional competencies needed for music therapy clinical practice

Assessments and Documentation

The interns will learn during the program to document therapy sessions to evaluate the benefits of music therapy and also will learn 1) to observe and record non- verbal communication from the patients 2) develop observational checklists and templates, 3) measure physiological responses and 4) use self- rating scales, video and audio documentation to record the patients's responses. .

Expectations from the Interns :

Interns are expected to attend all clinical internship classes and internship clinical hours, arrive on time, and have completed all readings and assignments prior to class. Students are also expected to keep an ongoing record of personal reactions, as a way to continue to develop self-awareness and self-development

All assignments and portfolios will be reviewed/corrected by the supervisor and active participation in discussions and activities is expected. Professional behavior is expected at all times. This includes being respectful of classmates and faculty and hospital staff giving objective feedback and taking care of personal issues that may arise.

Students are responsible to inform the Supervisor about their internship progress throughout the period of six months by writing an internship portfolio (Self Reflective Reports of day to day clinical work). Individual needs and concerns to be discussed with the supervisor whenever the need arises. Every attempt will be made to accommodate reasonable requests made by those students needing special consideration. Students need to bring note books and personal reflection diary to each class. Supervisor will check personal diaries and note books throughout the semester at any time of the training.

Students should check for notices, assignments and announcements with the supervisor on a regular basis. At the end of Internship training, students will be evaluated on their competencies by Internship Portfolio and the other assignments forming a part of internal assessment

Assignments for Internal assessment

1. Developing a repertoire for hospital use
2. Song writing and Music and Imagery script
3. Writing a first information report
4. Internship Portfolio (Self Reflective Reports)
5. Internship Personal Diary

6. Internship Log book and video documentation of music therapy sessions

7. Class room presentations

Credit Calculation

One credit is gained by engaging in 30 hours of supervised practicum/self study (Assignments/portfolio/documentation). Supervised practicum totaling 720 hours of 24 credits and 480 hours self study totaling to 16 credits. Thus the intern gains 40 credits during this program.

Internship Supervisor :

Dr. Sumathy Sundar, Ph.D.

Director, Center for Music Therapy Education and Research,
Sri Balaji Vidyapeeth

Internship Tutors

Ms. Bhuvaneswari Ramesh, PGDMT., (M.Sc. MMT)

Ms. S. Prashanthi, PGDMT., (M.Sc. MMT)

Internal Assessment Marks

Internship portfolio will be assessed for 100 marks and all other assignments for 100 marks (totaling 200 marks)

Training Policies :

1. Internship Hours: Each student must provide a minimum of 30 hours working with the patients directly per week for the term. Students should expect approximately 20 hours per week spent in preparation, documentation, and portfolio writing. A Total of 720 clinical hours and 480 hours of non clinical documentation and writing during the program. This amounts to total of 1200 hours of internship training hours. Each student will complete a “Practicals log sheet” on a weekly basis, initialed by the Supervisor.
2. The internship supervisory/mentorship classes of three hours per week will cover a variety of professional music therapy clinical practice topics and issues, including but not limited to practical assignments, student experiences and questions, clinical practice in diverse populations and participating in conferences and ethical issues.

3. Attendance is mandatory for classes and clinical sessions at the hospital attached to Mahatma Gandhi Medical College and Research Institute.. Students are to contact the Supervisor before class if they are unable to attend. Any unexcused absence beyond 21 days will be taken seriously and the trainee's participation in the course will be cancelled automatically.

Student should sign an attendance at CMTER every day.

4. Laptop is required to be brought to the internship training by the trainees. All Assignments must be typed using legible 12-point font, unless otherwise specified. It is expected that writing style for written assignments will be professional as well as carefully proofread and submitted to the supervisor.
5. Plagiarism will result in an immediate F (0) for the assignment if it involves copying material from other authors or books or journals. It amounts to cheating and is viewed very seriously.
6. Effective Communication is essential to ensure the best possible learning experience. To that end, students are required to check the personal email on a daily, ongoing and regular basis. Please email all communication to Dr. Sumathy Sundar at musictherapy@mgmcri.ac.in

Internship Certificate

NO FINAL EXAMS!

Based on evaluating the assignments and the internship portfolio, the students will be provided with a certificate from CMTER for their having undergone the intersnhip training. Their performance will be graded according to their performance evaluated through internal assessments. The grades given are as follows:

50% Pass

51 to 59% B grade

60 to 74% A grade

75% and above Distinction

Center for Music Therapy Education and Research

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