



**SRI BALAJI
VIDYAPEETH**
DEEMED TO BE UNIVERSITY
ACCREDITED WITH 'A' GRADE BY NAAC



**MAHATMA GANDHI
MEDICAL COLLEGE &
RESEARCH INSTITUTE**
Pillaiyarkuppam, Pondicherry - 607 402

CME & Workshop on

“SLEEP APNOEAS”

Cum

Inauguration of

CHRISTIAN GUILLEMINAULT CENTRE FOR SLEEP DIAGNOSTICS AND RESEARCH



Time : 9 AM to 4 PM

Venue :

**BC Roy Hall,
MGMCRI College Block,
SBV Campus, Puducherry.**

All are welcome

Organizing Committee:

Chief Patrons

Shri. M.K. Rajagopalan
Chancellor, SBECTP

Dr. M. Prashanth Rajagopalan
Vice-Chairman, SBECTP

Patrons

Dr. Subhash Chandra Parija
Vice-Chancellor, SBV

Dr. N. Ananthkrishnan
Dean of Faculty, SBV

Dr. M. Ravishankar
Dean-Faculty of Medicine, MGMCRI

Dr. Nirmal Coumare V.
Medical Superintendent, MGMCRI

Organizing Chairman

Dr. Pajanivel R.
Professor & HOD,
Pulmonary Medicine, MGMCRI

Organizing Secretaries

Dr. Vimal Raj R.
Asst. Prof. of Pulmonary Medicine,
MGMCRI

Dr. Muhamed Kamaludeen M.M
Asst. Prof. of Pulmonary Medicine,
MGMCRI

Scientific Committee

CME

Dr. Pajanivel R.
Dr. Muhamed Kamaludeen M.M
Dr. Sharan Kumar .VG
Dr. Agnus Hanna Ria Panicker
Dr. Selvapandian .D
Dr. Kowshik Reddy

Workshop

Dr. Vimal Raj R.
Dr. Kalaiyarasan K.
Dr. Padmavathy N.
Dr. Neelima (ENT)
Dr. Kirthigalakhshmi N.
Dr. Kowshik Reddy

Registration & Reception Committee

Dr. Kalaiyarasan K.
Dr. Kirthigalakhshmi N., Dr. Agnus
Sleep Lab

Inauguration Committee

Dr. Padmavathy N.
Dr. Lavanya S.V

Hospitality Committee

Dr. Balaji B. Dr. Selvapandian .D
Dr. Sharan Kumar V.G

Media & Publicity Committee

Dr. Baskaran R.
Dr. Mohammed Ibrahim

Greetings from

Department of Pulmonary Medicine, MGMCRI

Sleep Medicine is a recently acknowledged field, making rapid strides in changing the practice of diverse specialties in Medicine.

However, the relatively slow pace of awareness creation among the public and even the medical fraternity hampers the early diagnosis and optimal management of sleep disorders. Also, the non availability of infrastructural facilities to diagnose even the common sleep disorder – 'Obstructive Sleep Apnea' is a matter of concern.

Considering these aspects, we are making this humble venture in the dissemination of knowledge and principles in the diagnosis and management of sleep disorders with focus on 'Obstructive Sleep Apnea'. The focus of the CME will be on highlighting the prevalence of sleep disorders, basic clinico-physiological concepts of sleep, approach to patients with OSA and other forms of Sleep Apnea, diagnostic considerations especially sleep study and Drug induced Sleep Endoscopy for OSA and optimal PAP management for OSA followed by Hands on workshop in the sleep lab.

Also, we are dedicating the first ever, State of the art functional level I Sleep lab in the region for the diagnostic care and treatment of patients with sleep disorders which will be managed by our expert multidisciplinary team.

The goal of the CME cum workshop is to fill in the knowledge and awareness gap in 'Sleep Apnoea' by connecting interdisciplinary specialties and updating the skills of practicing Pulmonologists, Physicians, Physiologists, Neurologists and Otorhinolaryngologists (from PGs to Faculty).

We, the organizing committee do extend a warm invitation to you and promise a day filled with academic feast.

Looking forward to see you

Organising Committee

PROGRAMME SCHEDULE

Scientific Programme

8.30 am : Registration

30th January, 2020

9.00am - 4.00 pm

Time	Topic & Speaker	Chairperson
9 am - 9.30 am	Sleep disorders - A Scourging Epidemic Dr. Apar Jindal, Consultant, Transplant Pulmonology, Dept. of Pulmonary, Critical care & Sleep Medicine, Gleneagles Global Health City, Chennai	Dr. King Herald Kisku Professor & HOD Dept. of Pulmonary Medicine, PIMS, Pondicherry
9.30 am - 10.10 am	Sleep physiology - 'From Basics to Bedside' Prof. H.N. Mallick, President, Indian Society For Sleep Research Professor, Dept. of Physiology, AIIMS, New Delhi.	Dr. Jeneth Berlin Raj Professor & HOD Dept. of Physiology, MGMCRI
10.10 am - 10.40 am		INAUGURATION
10.40 am - 10.50 am		TEA BREAK
10.50 am - 11.30 am	Clinical Spectrum of Obstructive Sleep Apnea Dr. N. Ramakrishnan, Director – Nithra Institute of Sleep Sciences, Chennai	Dr. Vimal Raj .R Consultant, Dept. of Pulmonary Medicine, MGMCRI
11.30 am - 12.00 Noon	Clinical Spectrum of Non Obstructive Sleep Apneas Prof. Suresh Kumar, Director- Chennai Epilepsy and Sleep Disorders Center, Vijaya Health Center	Dr. Murugesan .S Asso. Professor & Consultant, Dept. of Neuro Medicine, MGMCRI
12.00 noon - 12.30 pm	Drug Induced Sleep Endoscopy (DISE): When & How Dr. P. Vijayakrishnan, Consultant, ENT Surgeon, HOD, Snoring & Sleep Disorders, Madras ENT Research Foundation, Chennai	Dr. Karthikeyan .P Professor & HOD, Dept. of ENT MGMCRI
12.30 pm - 1.00 pm	PAP therapy in OSA Recent Advances Dr. Satish, MD, Clinical Specialist , RESMED	Dr. Yuvarajan .S Professor Dept. of Pulmonary Medicine SMVMCH, Pondicherry
1.00 pm-2.00pm		LUNCH
2.00 pm - 4.00 pm	WORKSHOP (3 X40 Minutes) Station 1 : DISE Station 2 : Hooking up for sleep study & Interpretation of PSG report Station 3 : NIV therapy	Venue : D2 Lecture Hall / Sleep Lab, 2 nd Floor, Hospital-Main building MGMCRI

Registration Form details:

Name :
Age :Gender:
Designation :
Speciality :
Affiliated Institute :
Medical Council Reg. No :
Address :
.....
.....
.....
Contact No :
Email ID :
Food Preference : Veg Non- Veg

Registration for CME is compulsory with complimentary Refreshments & Lunch (Sponsored by RESMED)

Registration Details :

Please Click the link below to register:

<https://forms.gle/zL1EADQPNp5wLVsK7>

(or)

Please email your Registration confirmation and details as above to :

pajanivelr@mgmcri.ac.in / tbcd@mgmcri.ac.in

Applied for TNMC Credit Hours

Further Details please contact:

The CME Secretariat

Department of Pulmonary Medicine,

Ground Floor, D-Block (Hospital Building)

MAHATMA GANDHI MEDICAL COLLEGE & RESEARCH INSTITUTE,

Pondy - Cuddalore Main Road, Pillaiyarkuppam,

Pondicherry – 607 403

0413-2616700 EXT: 116 OR 233

Dr. Pajanivel .R

+91 9443493122

Dr. Vimal Raj .R

+91 9786652492

Dr. Muhamed Kamaludeen M.M

+91 9894546492