



SRI BALAJI VIDYAPEETH (SBV)

(Deemed to be University)
U/S3 of UGC Act 1956
Puducherry-607402

TRANSGENDER AWARENESS PROGRAM

Transgender community continues to be oppressed by the society. In view of this the Human Rights Cell of SBV conducted a transgender awareness program where in the role of education and change in attitude and need for employment to self sustain was discussed.



MAHATMA GANDHI MEDICAL COLLEGE AND RESEARCH INSTITUTE

OFFICE OF DEAN

Office of the Dean/Acad./2019/75

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CIRCULAR

The Human Rights Cell of SBV in association with **Sahodran Community Oriented Health Development (SCHOD)** is organizing a **Transgender Awareness Program at MGMCRI on 28th and 29th October 2019.**


DEAN

DEAN

Mahatma Gandhi Medical College & Research Institute
Pondicherry - 607 402.

To: All the heads of the departments concerned

Copy to: The GM (Admin)/MS/VP (Curriculum)/VP (Students)/ Legal Officer & Head /
Sr. Personnel Manager/NS/DMS/ RMO

Copy submitted to: The Registrar, SBV for information
The Dean of faculty for information
The Vice-Chancellor, SBV for information.
The Chancellor for kind information.



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MAHATHMA GANDHI MEDICAL COLLEGE AND RESERACH

Name/ Title of the Program

TRANSGNEDER AWARENESS PROGRAM

Type of the Program

(Please mention if this is a CMI, CDE, CNE conference, workshop, seminar, symposium, panel discussion, Faculty development program, student enrichment program, alumni program, Commemoration days. Also please mention the level, if this is at Regional, National, International, Departmental, Institutional, University level)

INSTITUTIONAL

Conducted by

Sahodaran Community Oriented Health Development (SCOHD), a Puducherry based NGO for LGBTQI, and Transgender Clinic of MGMCRI, in collaboration with Pallium India

Date/ Time

28th and 29th October 2019

Venue

SCHOD interactive hall

Target Audience/ Stakeholders

Transgender

Number of participants registered / attended

60 transgender participants

Program sponsors

Credit points/ hours

Objectives of the Program *(in bulleted list)*

Our goal is to eventually improve their quality of life and to reinforce the mission of "leaving no one behind."

Activities conducted in the Program *(in bulleted list)*

Education talks, group discussions

E. Sheethal



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Resource Persons involved					
S no	Name	Designation	Affiliation	Email id/ Phone numbers	Topic taken
1	Dr. Seema Rao,	Psychiatrist- Mumbai			
2	Ms. Sheethal,	President-	SCHOD		
3	Dr. Ambujam S,	Dermatologist-	MGMCRI		
4	Dr. Sameera J (transwoman),	Senior Resident	Critical Care Medicine, MGMCRI		
5	Dr. Latha Srikanth,	Vice Principal	SVMC		
6	Ms Sumitha T		Pallium India		
7	Dr. Vidhya Ramkumar	Chairperson	District Complaints Committee, Government Puducherry	local of	

Detailed report of the program

Mahatma Gandhi Medical College & Research Institute (MGMCRI) in Puducherry has taken a leading step to understand and address the needs and problems of the usually ignored LGBTQI population in India. Our goal is to eventually improve their quality of life and to reinforce the mission of "leaving no one behind".

A two-day workshop was jointly organized by **Sahodaran Community Oriented Health Development (SCOHD)**, a Puducherry based NGO for LGBTQI, and Transgender Clinic of MGMCRI, in collaboration with Pallium India on **28th & 29th October 2018** in SCHOD interactive hall. We tried to explore the concerns of this marginalized community and attempted to improve their coping behavior. It was all about identifying allies in the heterosexual community and empowering them to seek help when they are in need.

Another transgender shared her problems, after completing her schooling and she went to collect her certificates from her school. She got ignored as well as insulted by her own schoolmates and even teachers were not communicated properly with her. All the transgender were telling like when they are in bus stop, public are not ready to stand near to them as well as some men are looking them in bad manner.

Group: Disrespecting transgender community by other two genders

The group discussed about the situations of disrespectful by the male and female while they go outside. They name them wrongly which they feel hurt. And they came out with solutions to tackle the situations and presented as a group by role playing. The outcome solutions which they presented were,

1. If we have job of own, we will stand on our own legs by our earnings.
2. We need to change our attitude and behaviours towards the society. We can earn public people's respect by respecting them.
3. Education can make changes and motivate other transgender to get educated.
4. When they disrespect, we can talk to them and explain than their nature and make them understand to make changes.



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5. Tackle with distractions to concentrate on our lives motto and maintain the determination.
6. Family and sibling support will definitely change our community's discrimination if they understand and accept us.
7. Cooperation and support can help them to overcome their problem.

Day 2

The second day of the workshop started at 10.30 AM. Thirty two transgender were participated. Ms. Sheetal, President, SCHOD was given introduction about importance of workshop and welcomed Dr. Vidya Ramkumar and Three Research Scholars. Ms. Selvi Nithya, Research Scholar shared her work experience with drug addicts and problems related substance abuse. Mr. Arul Actovin C, Research Scholar conducted ice breaking session to participants. Dr. Seema, Psychiatrist given small introduction about day's activities and asked participants to write their important problems facing in society. Later she divided participants into four groups and each group consist of eight members. Each group members were discussed in four different problems of transgender pointed out by participants and research scholars were assisted the groups to come out with particular problem discussed in the groups.

Group: Unhealthy fear about future group of eight participants, one research scholar and two members from Pallium India were in this group. Participants were discussed their fear about future and they pointed out few very important issues regarding their future. During young age they can go for commercial sex work but after fifty years of their life that work won't be possible at all. Another work of getting income was begging and if we (transgender) stop begging then what will be the optional for them? Nowadays, transgender is getting employment in private or public sector also difficult. So what will be the alternatives for us? These issues were raised in that group discussion. Group members were acted a role play about what are difficulties faced by transgender when they go for commercial sex work, especially with customers may cheat, if they go for file a complaint then police persons were also not ready to file a case. They used to get insult from publics and government officers because of this work. The solutions for these issues, may be self-employment, government loan and etc. were given by participants.

Group: Drug Addiction issues among Transgender

On the second day with a different group of transgender, problems faced by them in the society were discussed in the focus group discussion. Their topic was about drug addiction and its consequences. They were sharing their various types of counter problems due to drug addiction which leads them to commit suicide, severe health complications, economic crisis, withdrawal from their community, isolation, love failure, relationship problem etc. Then they discussed about the solutions and presented as a team by role playing the situations.

Summary of the report

(in minimum 150 words, in a prose format for web information, social media and press)



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Mahatma Gandhi Medical College & Research Institute (MGMCRI) in Puducherry has taken a leading step to understand and address the needs and problems of the usually ignored LGBTQI population in India. Our goal is to eventually improve their quality of life and to reinforce the mission of "leaving no one behind". A two-day workshop was jointly organized by Sahodaran Community Oriented Health Development (SCOHD), a Puducherry based NGO for LGBTQI, and Transgender Clinic of MGMCRI, in collaboration with Pallium India on 28th & 29th October 2018 in SCHOD interactive hall.

Feedback analysis/ interpretation and future action plan for further improvement in Quality

Please ensure if the following enclosures have been attached.

Enclosures Check List

Invitation/ Brochure/ Circular		Analyzed feedback report in graphical form	
Sample certificate		Geo-tagged good quality photographs <i>(enclose separately as attachment as well as in word document with legends)</i>	
Sample feedback form		Any other (Please type here)	

Compiled by: *K. Sheethal*

(Name/ Signature with Date)

Endorsed by: *K. Sheethal*

(Name/ Signature with Date)



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