



**SHRI SATHYA SAI MEDICAL COLLEGE AND RESEARCH INSTITUTE**  
Ammapettai, Nellikuppam Post, Kancheepuram District – 603108

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## **SSSMCRI Student council Activities**

### **Major Activities**

#### **Annual Student Festival**

**CRONOS 2019 – Link: <https://www.facebook.com/cronos2k19/>**

The warriors batch 2015 of SSSMCRI, conducted the annual cultural, sports and literary fest of 2019- CRONOS2K19, for the second time following VYUGA 2K18 last year. The sports activities were conducted in March and mid of April, 2019 battled beautifully by six new teams based on the greek theme : Athenians, Herculeans, Spartans, Titans, Odysseans and Olympians. Cronos, having defeated Uranus, the father is the title symbolizing victory and freedom. The cultural and literary events took place from April 24th, 2019 to April 27th, 2019. On the 24th April, off stage events started off with a heart-warming inauguration ceremony by SSSMCRI's honorable Dean Dr.PF Kotur , Medical superintendent Dr. Sukumaran, Vice-Principal (Students), Dr. Abilash and Vice-Principal (Curriculum), Dr. Saurabh along with the cultural committee , council, faculties and students. On the 25th, 26th and 27th April 2019 on stage events took a glorious occurrence, with so much josh and joy- there was a parade of bewitching events, that etched memories in all the hearts. Tamil Cinema Comedy actor Mr. Sathish was invited as Chief Guest during the Cultural fest. Apart from competitions, there was so much fun involved – with faculties and PGs participation, fun events, DJ night and what not! It was indeed a successful and indelible event! The team Titans emerged as the overall winner under the leadership of their Captain - Mr. Amrin & Ms. Kavya (Warriors 2015).

Facebook post from Cronos 2k19 (@cronos2k19) dated April 18. The post features a quote: "One who doesn't throw the dice can never expect to score a six. - throwball" and includes three photographs of students participating in sports activities on a campus. The right-hand sidebar shows page information, including a 'Send Message' button, 'About' section with options for 'Send Message', 'Festival', and 'Suggest Edits', 'Page Transparency' information, and a 'Related Pages' section listing 'Celestra 2K17', 'NSS ssmcri', and 'Warriors 2K15'.

**CRONOS 2K19**  
REBORN & REINFORCED

CULTURAL, SPORTS AND LITERARY EVENTS  
SHRI SATHYA SAI MEDICAL COLLEGE AND  
RESEARCH INSTITUTE

We cordially invite you for the Annual Sports, Cultural and Literary fest 2019, conducted by the 2015 batch of MBBS (Warriors).

The heart and soul of this gathering lightens up with your honourable presence.

*"Harder the battle, Sweeter the victory."*

SPORTS EVENTS : From 18<sup>th</sup> of March to 18<sup>th</sup> of April, 2019  
CULTURAL EVENTS : From 24<sup>th</sup> to 27<sup>th</sup> of April







## **VYUGA 2018 –**

**Link: <https://www.facebook.com/vyuga2k18/>**


Shri Sathya Sai Medical College & Research Institute celebrated annual cultural festival VYUGA during 23<sup>rd</sup> to 26<sup>th</sup> April 2018. Various events like games and sports were conducted during the different days. Our students also had organized interesting list of events. Activities outside the class room buttress the students retention and help in augmenting academic performance of the students .All round development of students is our ultimate goal and we encourage every student to open up and show his/her latent talent in various competitions and thereby help and nurture them in their overall development. Our Students performed exceptionally well in the co-curricular activities and so this unravelled the hidden talents in the students.

Annual day Celebrations were held on 25<sup>th</sup> April 2018, Honourable Vice chancellor SBV Prof. K.R. Sethuraman was the chief guest. He was accompanied by our honourable Registrar SBV, Prof. Srinivasan, Respected Controller of Examination SBV Prof. Srirangaraj, Dean SSSMCRI Prof. P. F. Kotur, Vice Principal (Curriculum) Dr. Saurabh Shrivastav & Vice Principal (Students) Dr. Vijaykumar Nair.




Vyuga-2k18

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545 people follow this  
Vijayakumar Nair and 137 other friends like this

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## CELESTRA 2017

Link: <https://www.facebook.com/celestra2k17/>

The student council of Shri Sathya Sai Medical College & Research Institute celebrated annual cultural festival CELESTRA 2019 during 18<sup>th</sup> to 20<sup>th</sup> April 2017.











## CRESCENDO 2016

Link: <https://www.facebook.com/crescendo2k16/>

The student council of Shri Sathya Sai Medical College & Research Institute celebrated annual cultural festival CELESTRA 2019 during 18<sup>th</sup> to 20<sup>th</sup> April 2017.



## Minor Activities

### DEBATE & LITERATURE CLUB

Literary and Debating Club, of SSSMCRI a home to all those that find solace and comfort in words. Being an ever enthusiastic and fun-filled group, the members of the club participate in various debating and writing events on and off campus showing off talents and winning many more prizes. The club also conducts various intracollege events and sometimes co-ordinates with the activities of the Government of India to help conduct events like Essay Writing and Elocution contests at an intracollege level. The club is also one that works relentlessly behind the screens – writing scripts and speeches, editing college magazines and hosting a myriad other events in our college.

### **SPANDAN**

“spandan –Rhythmic words from Arrhythmic hearts” is a quarterly e-magazine which is a unique and novel initiative of the debate & literature club of SSSMCRI.

#### Quartely E-Magazine



# SPANDAN

- RHYTHMIC WORDS FROM ARRHYTHMIC HEARTS!



FEBRUARY 2019 | ISSUE 1 | VOL 1



Sathya Sai Medical College and Research Institute, is an off-campus constituent college of Sri Balaji Vidyapeeth (Deemed University), Pondicherry under the Faculty of Medicine. Founded in the year 2008, nurtures and supports a unique system of education structured on values and combines the tenets of academic excellence with all-round development. The subtle ambience, serenity and vibrancy of the campus emanates an empowering environment.

#### THE D & L CLUB

With an aim to promote literary activities within the campus, the D & L Club was started in 2018. It organizes, encourages and enhances student participation and experience through periodically organized events. 'Spandan', the quarterly e-magazine of the D & L Club displays the literary 'master-pieces' of emerging writers along with exclusive interviews, news and quiz that will keep you glued till the last page.

#### MESSAGE FROM THE EDITOR

Dear Students,  
This is the first issue of our Quarterly Magazine, "Spandan - Rhythmic words from Arrhythmic hearts" and I am really happy and excited to be a part of this unique and novel initiative of the Debate & Literature Club of SSSMCRI. Amidst so many challenges, the members of the D & L Club have worked extensively to make this possible. It is a marvelous compilation of contributions made by the students and the faculty members. Even though, the entire magazine is the result of the efforts of all the D & L club members, I want to record that Ms. Sindhi M. Warriors, has been really special and meticulous in her actions and has worked with a clear goal to make the first issue appealing. I request more and more students to join the club and share your creative work with all of us and let this club through this magazine play a crucial part in the professional development of the students.

Dr. Saurabh Shrivastava

STUDENTS' DEBATE & LITERATURE CLUB  
PRESENTS

# SPANDAN

RHYTHMIC WORDS FROM ARRHYTHMIC HEARTS

Volume 1 Issue 2



VOL 1 ISSUE 1

VOL 1 ISSUE 2

# SPANDAN

ISSUE 03 / OCTOBER 2019



RHYTHMIC WORDS FROM ARRHYTHMIC HEARTS

VOL 1 ISSUE 3

### **ECO CLUB ACTIVITIES**

An wide variety of events and awareness campaigns are carried out throughout the year under the EcoClub. Cleanliness drives & tree plantation campaigns have been conducted so far. As a key highlight, the EcoClub boasts active participation of faculty as well as student working together towards a common goal, that is, to help mother nature in every way possible. Before students and doctors, we are human beings, striving to do our best to serve this planet that we live on.



### **SWACHH BHARAT ACTIVITIES BY ECO CLUB**





## **SPORTS CLUB**

### **Inter-Collegiate Sports**

*Our students participated in the intercollegiate meet Held at SRM Medical College Hospital and Research Centre, Kattankulathur on 24<sup>th</sup> to 27<sup>th</sup> October 2018 and won trophies for Cricket: Winners (Men & Women), Javelin: Runner (Women), Third Place (Men) Relay: Runner (Women), Third Place (Men), Shot put: Runner (Men) 800m: Third Place (Men) Long Jump: Third Place (Women), Group Dance: Third Place*







**Intercollegiate meet SRM medical College 24 TO 27.OCT 2018**



## **Onam Celebrations- 2019**

Onam was celebrated with all its vigor at SSSMCRI. Vice Principal Curriculum Prof. Dr. Saurabh Shrivastava, Vice Principal Student Affairs Prof. Dr. Abilash, Heads of departments and faculties were present to witness the festivities. The students have made flower carpets (Pookkalam), Nirapara, Nila Vilakku and Maveli Mannan was given a grand welcome with thiruvathira, Onappattukal and Chenda Melam. In addition there were various cultural performances by the students. All the faculties and students had the delicious onam feast and celebration concluded with distribution of sweets (Payasam-traditional kerala desert)



## **Teachers Day Celebration-2019**

SSSMCRI celebrated teachers' day on the 4th September 2019. The occasion was graced by our honourable Dean SSSMCRI, Associate Dean Research Dr.Karthika Jayakumar, Vice Principal- Curriculum Associate, Professor Dr. Saurabh Shrivastava, Vice Principal- Student Affairs Associate Professor Dr. Abilash, Heads of Various Departments and the other teaching faculties of the college. The event commenced with a welcome address by student council General Secretary Mr. Joshua Anand. Honorable Dean SSSMCRI felicitated Senior Teachers followed by Presidential Remarks by the Dean and Vote of thanks by Ms. Karuna: Co- General Secretary Student Council. After which the dignitaries commemorated the achievements of the teachers by cutting a cake. All faculties participated in the fun events organized by the student council.





### **150<sup>th</sup> Birthday Celebrations of Father of our Nation- 2019**

international Non-Violence Day and the 150<sup>th</sup> birth anniversary of the Father of our nation, Mahatma Gandhi, has been organized in the Shri Sathya Sai Medical College and Research

Institute on 1<sup>st</sup> October 2019 at 2.30 PM in the College Block, Dr. Sarvepalli Radhakrishnan Ground floor Hall. The program was coordinated and organized by the Vice Principal Curriculum Dr. Saurabh Shrivastava and Vice Principal Student Affairs Dr. Abilash.

About fifty teaching faculties including Dean, Vice Principals, Heads of various clinical and non-clinical departments, other Teaching Faculties, and students of III, V & VII Semester students of SSSMCRI have participated the program.

The Master of the ceremony of the program was Ms.Khavya, Xantrones 2017 Batch. The program started at 2.30pm with invocation song followed by SBV and SSSMCRI anthem. Ms.Rajashree, Immaculates 2016 Batch student welcomed the gathering by sharing her views on AHIMSA. Our institutional choir comprising of Deeksha, Gayathri, Shambhabi, Aishwarya and Ananya of Immaculates 2016 Batch remembered the contribution of Mahatma Gandhi by singing a Ghandhi Bhajan.

In order to commemorate the event, one of the Student Clubs - Debate and Literature Club, under the guidance of Faculty Advisor took the lead to organize an Elocution Competition on the topic “**Role of youths in non-violence**”. All the participants were informed about the event well in advance and were given instructions to limit their presentations to 3 minutes per participant. The participants were a mixture of students from different batches, namely Ms. Shika and Mr. Rajdeep (Celestials - 2018), Mr. Balaji and Ms. Shubheksha (Immaculates - 2016) and Ms. Keerthana (Xantrones – 2017). All the participants expressed their views in an interactive and appealing manner and they kept all the audience glued to them in the entire competition. Their speeches were very much supported by recent examples and role models.

The event was judged by a panel of 3 judges, comprising of Dr. Pushpa Kotur (OBGY), Dr. Valli (ENT) and Dr. Prateek Bobhate (Community Medicine) with the help of a structured checklist / scoring sheet. The scoring sheet consisted of 5 variables, namely Content, Organization of thoughts and ideas, Language (Grammar and Comprehension), Delivery and Voice Modulation, and Gestures and Expressions, each accounting for 10 marks, leading to a cumulative total of 50 marks. The scores of the judges were compiled and the students were rewarded by the Dean and the judges for their breath-taking and interactive performance.







## **FRESHERS DAY REPORT 2019**

The 23rd of November 2019, was marked as a memorable day in the life of every fresher at Shri Sathya Sai Medical College & Research Institute, Ammapettai. The Fresher's day (PATRONUS 2K19) was a day that was filled with excitement, joy, music, enthusiasm, laughter and happiness.

The celebration started at 1.00 pm in the Ground Floor Lecture Hall, College Block, SSSMCRI by the anchors Ms. Nidissa, Mr. Shlok & Ms. Tamanna. Welcome speech was delivered by Ms. Akila followed by inaugural Address by Dr. Sukumaran Annamalai Dean, SSSMCRI. The freshers were formally welcomed into the SSSMCRI Family, Vice Principals and other senior professors were also honoured.

Events started with welcome dance and singing performances by the students. After this the freshers introduced themselves one by one in the allotted time which was 1 min per contestant. All of them were impressive in their own way. Many students telecasted their talent in the form of Group/Duet/solo Dance & singing performances,

The event entire event was organised and sponsored by 2018 Batch MBBS students (Celestials Batch).

The program ended by cake cutting and distribution of sweets



