

SBV Yoga Mahotsav - 2022



International Yoga Therapy Convention

Strengthening the Cultural Ethos of Yoga Therapy



June 13-21, 2022

Sign up at <https://forms.gle/1C6Mx7J KY8DSM5hdA>



Inaugural Programme

12.30 Noon, 13 JUNE 2022 (Monday)

Prayer & SBV Anthem

Welcome Address

: Dr Ananda Balayogi Bhavanani,
Director, CYTER of SBV

Felicitation

: Prof. BR Sharma
Vice Chancellor, Sri Sri University, Odisha

Yogacharya S Sridharan
Senior Mentor, KYM, Chennai

Prof. AR Srinivasan
Registrar, Sri Balaji Vidyapeeth

Inaugural Address

: Dr. Ishwar V Basavaraddi
Director of Morarji Desai National Institute
of Yoga (MDNIY), CEO, Yoga Certification
Board and Advisor (Yoga & Naturopathy),
Ministry of AYUSH

Yoga Day Address

: Prof. Subhash Chandra Parija,
Vice Chancellor, SBV

Vote of Thanks

: Sri G Dayanidy,
Assistant Professor, CYTER of SBV

National Anthem

Collaboration with

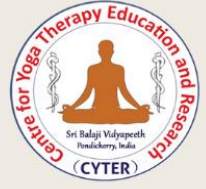




सत्यमेव जयते
Ministry of Ayush
Government of India



75
Azadi Ka
Amrit Mahotsav



SBV Yoga Mahotsav 2022

International Yoga Therapy Convention

June 13-21, 2022

Theme: "Strengthening the Cultural Ethos of Yoga Therapy"

as Part of

International Day of Yoga celebrations 2022

on Monday, 13 June 2022 at 12.30 Noon

*at Maulana Abul Kalam Azad Seminar Hall,
Bapuji Central Library, SBV campus, Pondicherry.*

with blessings of

Shri MK Rajagopalan

Chancellor, Sri Balaji Vidyapeeth

Prof. Subhash Chandra Parija

Vice Chancellor, Sri Balaji Vidyapeeth

will deliver Yoga Day address

Dr. Ishwar V Basavaraddi

Director of Morarji Desai National Institute of Yoga (MDNIY),
CEO, Yoga Certification Board and Advisor (Yoga & Naturopathy), Ministry of AYUSH

*has kindly consented to be the Chief Guest
and deliver Inaugural address*

Prof. BR Sharma

Vice Chancellor, Sri Sri University, Odisha

Yogacharya S Sridharan

Senior Mentor, KYM, Chennai

Prof. AR Srinivasan

Registrar, Sri Balaji Vidyapeeth

will felicitate the occasion

Dr Ananda Balayogi Bhavanani
Organizing Chairman

Sri G Dayanidy
Organizing Secretary

SCIENTIFIC PROGRAMME

Date: 13 June 2022

Venue: Bapuji Central Library, SBV Campus

- 7.00 AM : Demonstration of Common Yoga Protocol @ Heritage places in & around Pondicherry
- 9.30 AM : Registration
- 10.00 AM : Fundamentals of Sāṁkhya and their relevance to Yoga Therapy by **Smt. Nrithya Jagannathan**, Director, KYM, Chennai
- 10.45 AM : In Quest of Authenticity of Yoga in Yoga Therapy by **Dr. Vinayachandra BK**, Director, INDICA YOGA, Bangalore
- 11.30 AM : Pranayama as a modality in Yoga Therapy by **Yogacharya S Sridharan**, Senior Mentor KYM, Chennai
- 12.30 PM : Inaugural Programme
- 1.00 PM : Lunch
- 2.00 PM : Bhakti Yoga as an integral & important component of Yoga Therapy by **Yogacharya Dr. A Subramanian**, Correspondent & Principal, Pyramid Spiritual Science Academy and Adhyatma Yoga, Bangalore.
- 3.00 PM : Panel discussion: "Strengthening the Cultural Ethos of Yoga Therapy"
Members: **Yogacharya S Sridharan, Yogacharini Devasena Bhavanani, Smt. Nrithya Jagannathan, Dr. Vinayachandra BK and Yogacharya Dr. A Subramanian.**
Moderator: **Dr Ananda Balayogi Bhavanani**, Director, CYTER.
- 4.00 PM : Tea
- 4.15 PM : Open forum, feedback from participants & valedictory

Date: 14 - 20 June 2022

Venue: Zoom Platform, Online mode

10.30 AM - 12.00 Noon: Live Session by Eminent Speakers across the Globe
(* Zoom ID will be shared for the registered Participants)

REGISTRATION DETAILS

For online registration: <https://forms.gle/1C6Mx7JKY8DSM5hdA>

For further details contact:

 : yoga@mgmcri.ac.in

 : www.sbv.ac.in/cyter

 : 98423 11433, 97892 10593  : 0413 - 2615449 to 58, Ext 317



SBV Yoga Mahotsav 2022

Programme Schedule



Date & Time	Topic	Presented by
June 13, 2022 Ⓢ 7.00 AM - 4.30 PM	International Yoga Therapy Convention (Hybrid mode) supported by MDNIY, Ministry of AYUSH, New Delhi.	
June 14, 2022 Ⓢ 10.30 AM - 11.15 AM	Holistic and Personalized Healthcare using Integrative and Functional Medicine	Dr K.R. Sethuraman Dean & Senior Professor of Medicine & Medical Education, AIMST University, 08100 Malaysia. Honorary Endowed Professor, CHPE, SBV
June 14, 2022 Ⓢ 11.15 AM - 12.00 Noon	Yoga therapy and Acculturation - Challenges and Strategies	Dr. Rama Reddy Karri Former Professor of Psychiatry, Director Manasa Hospital, India
June 15, 2022 Ⓢ 10.30 AM - 11.15 AM	The Culture of Samskrita Textual Study: A Vital Value addition to Yoga Therapy	Dr. M. Jayaraman Director, Division of Textual Research in Yoga, Indic Academy
June 15, 2022 Ⓢ 11.15 AM - 12.00 Noon	Vishudda chakra: The key to refine Active Listening and Communication in a Therapeutic Setting	Yogacharini Sangeeta Laura Biagi Gitananda Yoga Mentor & Teacher, ICYER / Ananda Ashram (India), Founder & CEO, Soul Sound Academy (Italy)
June 16, 2022 Ⓢ 10.30 AM - 11.15 AM	Mantra - Connecting with the Pure Sounds for Self-healing	Dr. Sampadananda Mishra Professor, Rashtram School of Public Leadership
June 16, 2022 Ⓢ 11.15 AM - 12.00 Noon	Insights into the Darsanic and Cultural aspects of Yoga Therapy	Dr. Ganesh Rao Chief Advisor Academics and Training Kaivalyadhama
June 17, 2022 Ⓢ 10.30 AM - 11.15 AM	Meditation for Healing: Teachings from Swami Sivananda Saraswati	Yogacharini Marion Mugs McConnell Director SOYA Academy, Canada
June 17, 2022 Ⓢ 11.15 AM - 12.00 Noon	Enhancing Healthy Relationships through the Anahata Chakra	Shailaja Menon Founder "Mat & Beyond Yoga Studio", Malaysia
June 18, 2022 Ⓢ 10.30 AM - 11.15 AM	Yoga Therapy in KYM Tradition	Yogacharya S Sridharan Senior Mentor KYM, Chennai.
June 18, 2022 Ⓢ 11.15 AM - 12.00 Noon	Role of Spirituality in Healing	Dr. Rev Marietjie Venter Anjali School of Yoga, South Africa,
June 19, 2022 Ⓢ 10.30 AM - 11.15 AM	Keeping the Yoga in Yoga Therapy	Dr. Meena Ramanathan Deputy Director CYTER, Pondicherry
June 19, 2022 Ⓢ 11.15 AM - 12.00 Noon	Nada Yoga for Health and Wellbeing.	Yogacharini Devasena Bhavanani Senior Faculty, ICYER of Ananda Ashram, Pondicherry
June 20, 2022 Ⓢ 10.30 AM - 11.15 AM	Yoga and Human Excellence	Dr. Chinmay Pandya Pro-Vice Chancellor, Dev Sanskriti Vishwavidyalaya, Haridwar
June 20, 2022 Ⓢ 11.15 AM - 12.00 Noon	Cultural Misappropriation and Yoga Therapy	Dr. Ananda Balayogi Bhavanani Director, CYTER, Pondicherry
June 21, 2022 Ⓢ 7.00 AM - 8.00 AM	Celebration of International Day of Yoga 2022	CYTER Team

About CYTER:

Modern medical advancements provide rationale for integration of various traditional healing techniques to promote healing, health and longevity. Thanks to the foresight of management and administrators of Sri Balaji Vidyapeeth, CYTER was started on 1st Nov 2010 at MGMCRI.



Yoga consultations are part and parcel of all Master Health check-ups offered by our Hospital services thus integrating the modern and the ancient even at the entry level itself with quality of life enhancing benefits for nearly 75,000 participants.

At CYTER we have an integrated set up where we are educating future Yoga therapists while simultaneously helping patients recover from illnesses and at the same time developing an understanding through scientific research. To further this vision and mission, MOUs have been signed with Kaivalyadhama Yoga Institute, Amity University and Dev Sanskriti Vishwavidyalaya.



CYTER is an Associate Centre of Indian Yoga Association and Member School of the International Association of Yoga Therapists (IAYT), USA and its director is serving on National Board for Yoga in Ministry of AYUSH & Consultant WHO.

The Govt. of India is currently promoting indigenous systems of health through AYUSH as the limitations of modern medicine in managing stress induced psychosomatic, chronic illnesses are the strength of Yoga. Hence a holistic integration of both systems enables best quality of patient care at CYTER, SBV.



CYTER offers various Yoga Therapy programmes ranging from PG certificates to the PhD level. Extensive opportunities are provided for clinical experience for all trainees. CYTER is constantly adding to the research based, empirical evidence in Yoga Therapy with 22 completed and 10 ongoing research projects. 148 papers, 6 chapters in books, 9 copyrights, 13 compilations and 48 abstracts have been published in national and international journals highlighting immediate, short term as well as long term, health enhancing benefits of Yoga training and Yoga Therapy programs.

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 YouTube

<https://www.youtube.com/user/CYTER2010>

SRI BALAJI

ACCREDITED BY NAAC WITH 'A++' GRADE
LISTED U/S 12B OF THE UGC ACT, 1956



VIDYAPEETH

DEEMED TO BE UNIVERSITY
DECLARED U/S 3 OF THE UGC ACT, 1956

SBV Yoga Mahotsav 2022

Strengthening the Cultural Ethos of Yoga Therapy

Online practical sessions offered by
CYTER Team
via Facebook live



June 13-21, 2022

Every day Morning 7 to 7.30 AM (IST)

Join us at
www.facebook.com/yogicselfcare



YOGOTSAV

Countdown Programme for

INTERNATIONAL DAY OF YOGA-2022

8 DAYS TO GO

100 DAYS
CITIES
ORGANISATIONS

SBV Yoga Mahotsav - International Yoga Therapy Convention

Theme: "Strengthening the Cultural Ethos of Yoga Therapy"

13th June, 2022

06:30 AM onwards

Organised by

SRI BALAJI VIDYAPEETH (DEEMED UNIVERSITY)
Centre for Yoga Therapy, Education and Research (CYTER)
SBV Campus, Pillaiyarkuppam, Pondicherry - 607 402.

In collaboration with

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Rock Beach, Gandhi statue,
Pondicherry.

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