

## Scientific Sessions - Day 2 (01-10-2022)

TIME	TOPIC	SPEAKER
09:00 – 09:40AM	Functional anatomy of musculoskeletal system during exercise	Dr. D. R. Hariharan
09:45 – 10:25AM	Exercise and geriatric health	Dr. Jean Fredrick
<b>10:30 – 11:00AM</b>	<b>High Tea</b>	
11:00 – 11:45AM	Corrective exercise physiology of stability and mobility training	Dr. S. Senthil Kumar
11:45AM – 12:25PM	Role of epigenetics in skeletal muscle adaptations to exercise & exercise training	Dr. V. Gladwin
12:30 – 01:15PM	Therapeutic exercise in rehabilitation	Dr. R. Karthikeyan
<b>01:15 – 02:00PM</b>	<b>Lunch</b>	
02:00 – 02:45PM	Biomarkers in Exercise and Sports Medicine	Dr. M. Balasubramaniam
<b>02:45 – 3:00 PM</b>	<b>Tea</b>	
03:00 – 04:00PM	<b>Oral / e-poster presentation</b>	
4:00 – 4:30 PM	<b>Valedictory function</b>	

