



APB – iCON 2022 Integrated International conference "Exercise – Fitness to Therapy"



INSTRUCTIONS FOR PREPARING E-POSTERS

All posters accepted for APB -iCON 2022 will be displayed in the digital format.

CREATING AND DESIGNING YOUR E-POSTER

Poster size and orientation

- 1. Posters will have to be set in Landscape orientation with all information in one slide.
- 2. The resolution of the monitors used for e-poster presentation is 300 pixels and the size is 36 X 56 inch (in **Landscape** orientation)

Essential Information to Include on E-Poster

- 1. Poster Number on the top left corner (Selected posters will be allocated a number and informed to the participant)
- 2. Title of the E-Poster (should be brief and match with the submitted abstract)
- 3. Names and affiliations of all authors (each author to be marked with superscript Arabic number (such as ¹, ²) with their corresponding institute affiliation and their addresses.
- 4. The logo of the affiliated institution/university should be placed on the upper left hand corner.
- 5. Arial font should be used throughout the poster (minimum font size 28). The title and subheadings should be written in bold. Italics should be avoided.
- 6. Please be considerate when using colors for the presentation, keep only 2-3 colors as this would be a formal scientific poster presentation.
- 7. Make sure that any photographs or figures being used in the poster are with sufficient size so that they are clearly visible, with a minimum 300-dpi resolution. The number of photographs should be limited to only those that are essential and relevant.
- 8. Graphs and tables should be well organized and the font used should be of a size that is easy to read.
- 9. Data must be given in units that are generally accepted in scientific publications (international metric system is preferred)
- 10. Content of poster presentation: Research (Introduction, Objectives, Materials and Methods, Results, Conclusion, References and Acknowledgment).

SUBMITTING YOUR E-POSTER (PDF Format Only)

- 1. Only PDF format will be accepted.
- 2. Submit your e-poster to mgmapbcon@gmail.com
- 3. The deadline for submission is 27th Sept 2022 (by 4:00 PM)