



Shri. M.K. RAJAGOPALAN
Chancellor, SBV

SRI BALAJI

ACCREDITED BY NAAC WITH A++ GRADE
Listed u/s 12 B of the UGC Act, 1956.



Pondicherry

VIDYAPEETH

DEEMED TO BE UNIVERSITY
Declared u/s 3 of the UGC Act, 1956.



Prof. SUBHASH CHANDRA PARIJA
Vice-Chancellor, SBV

2nd

INTERNATIONAL HEALTH & RESEARCH CONVENTION (IH&RC) 2023

Research in Health Sciences Across the Globe

Jan
20~21
2023

Institute of Salutogenesis & Complementary Medicine (ISCM)

Sri Balaji Vidyapeeth

**Venue :
SBV Campus,
Pondicherry**



in Association with

**Indian Yoga Association, ICYER at Ananda Ashram, World Federation of Music Therapy
Kaivalyadhama, Krishnamacharya Yoga Mandiram and Svaram Auroville.**



20 Jan 2023

Pre - Conference Workshop on

Manifesting Wellness through Yoga Therapy: Principles and Practices

Organised by School of Yoga Therapy, ISCM, SBV

Pre - Conference Workshop on

Manifesting Wellness through Music Therapy: Principles and Practices

Organised by School of Music Therapy, ISCM, SBV

21 Jan 2023

International Conference on

Role of Yoga & Music Therapies in Promoting Salutogenesis

Organised by ISCM, SBV





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Kaivalyadhama and Krishnamacharya Yoga Mandiram.**



OBJECTIVES

- To promote awareness of the principles and practices of Yoga Therapy
- To develop good understanding of employing Yoga Therapy as a tool to promote health and wellness
- To enhance skill-based competencies amongst Yoga enthusiasts.
- To promote awareness of basic physiological experiments and equipment used for better understanding of body functionality

TARGET AUDIENCE

Medical and paramedical professionals, research scholars, yoga professionals, therapists and enthusiasts along with medical, paramedical and Yoga students undergoing various graduate, and postgraduate courses.

TOPICS

Hands on training in Yogachikitsa methods by Yogacharya S Sridharan
 Validating yoga therapy through physiological parameters by Dr. KN Maruthy and Dr. R Bhanu
 Yoga and Stress by Dr Sathish D Pathak
 Yogic relaxation session with Dr. Meena Ramanathan
 Panel discussion with eminent experts



RESOURCE PERSON



Yogacharya S Sridharan
Senior Mentor, KYM,
Chennai



Dr. KN Maruthy
Professor & HoD
MVJ MC&RH, Bangalore



Dr. R Bhanu
Professor,
MVJ MC&RH, Bangalore



Dr. Sathish D Pathak
Assistant Director,
Scientific Research Depart.
Kaivalyadhama, Lonavla.



Dr. Ananda Balayogi Bhavanani
Director, ISCM, SBV
Pondicherry



Smt. Devasena Bhavanani
ICYER,
Pondicherry



Dr. Meena Ramanathan
Deputy Director,
SoYT, ISCM, SBV

REGISTRATION DETAILS

ONE DAY PRE CONFERENCE WORKSHOP

Category	Registration Fee
Delegates	Rs. 1000/-
UG/PG Students	Rs. 500/-
SBV Alumni / Faculty	Rs. 750/-
International Delegates	USD 150

Register Online : convention.sbv.ac.in

Email ID : convention@sbvu.ac.in

Workshop credit hours will be awarded by SBV

Organizing Faculty:

Organizing Chairman
Dr. Ananda Balayogi Bhavanani

Organizing Vice-Chairman
Dr. Meena Ramanathan

Organizing Secretary
Sri. Dayanidy G
9789210593

Scientific Committee: **Dr. R. Balaji, Ms Jenita Caren, Dr. Sanguida.**

Registration Committee: **Sri Dhanushapnadesh P, Smt. Sarulatha G, Sri Raghav Rajuduria**



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Indian Yoga Association
yoganushasanam

Organised by

School of Music Therapy, Institute of Salutogenesis & Complementary Medicine (ISCM)

in Association with



Indian Yoga Association, ICYER at Ananda Ashram and Svaram Auroville.



OBJECTIVES

- Expressed understanding of musical interventions, music medicine and music therapy.
- Experience in person the importance of sounds and vibrations on wellness.
- To learn hands on, how music therapy is administered, assessed, and documented.
- To be able to assess and measure physiological changes under the influence of music.

TARGET AUDIENCE

Students, healthcare professionals, teachers, music therapists, musicians, general public, Psychologists, special educators

TOPICS

Hands on training in sound healing by Aurelio C. Hammer
 Validating music therapy through physiological parameters by Dr. KN Maruthy and Dr. R Bhanu
 Experiential session of sound healing with Ms.Vibha Shah
 Participatory music therapy session by SoMT faculty
 Panel discussion with eminent experts



RESOURCE PERSON



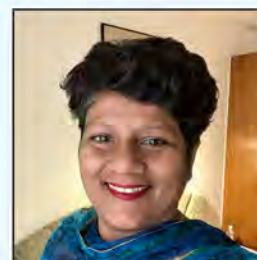
Aurelio C. Hammer
Svaram Auroville,
Pondicherry



Dr. KN Maruthy
Professor & HoD
MVJ MC&RH, Bangalore



Dr. R Bhanu
Professor,
MVJ MC&RH, Bangalore



Ms Vibha Shah
Radiant Lotus Wellness Studio,
Pondicherry



Smt. Bhuvaneshwari Ramesh
Asst. Prof, SoMT, ISCM
Pondicherry



Prof. Sobana R
Admin I/C, SoMT, ISCM
Pondicherry



Ms. Jenita Caren
Asst. Prof, SoMT, ISCM
Pondicherry

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Organizing Vice-Chairman
Prof. Sobana R

Organizing Secretary
Smt. Bhuvaneshwari Ramesh
9840705561

Scientific Committee: **Ms Jenita Caren, Dr. R. Balaji**

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World Federation of Music Therapy, Kaivalyadhama and Krishnamacharya Yoga Mandiram.

OBJECTIVES

- To understand the role of Yoga and Music therapies in promoting wellness.
- To promote understanding of mind-body interventions as a complementary and adjunctive modality in clinical settings.
- To facilitate healthy exchange between therapists to promote healthier community.
- To disseminate pertinent research findings.

TARGET AUDIENCE

Research Scholars, Yoga & Music professionals, therapists, enthusiasts and students.

TOPICS

- Yoga in pre and post-operative care by Dr. Satish D Pathak, India
- Chakra meditation and wellness by Yogacharya Jnandev, Portugal
- Yogic management of lifestyle disorders by Dr. Venkatesan, India
- A Polyvagal Perspective of Select Gitananda Yoga Practices for Enhancing Well-Being by Dr. Lori, USA
- Music Therapy Program for Persons Experiencing Homelessness by Dr. Cheryl Dileo, USA
- Music therapy in neurorehabilitation by Dr. Indira Selvarajah, Malaysia
- Music therapy in intensive care by Dr. Gerhard Tucek, Austria
- Power of Mantra by Dr. Sampadananda Mishra, India
- Nadayoga techniques by Yogacharini Sangeeta Laura Biagi, Italy
- Swasthya through Yoga and Sangeetam by Dr. Arpan Bhatt, India



RESOURCE PERSON



Pujya Maa Dr. Hansaji
India



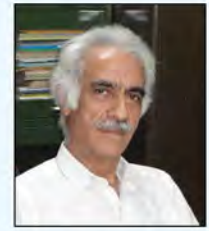
Guruju HR Nagendra
India



Dr. IV Basavaraddi
India



Dr. Indira Selvarajah
Malaysia



Dr. Madanmohan
India



Smt. Nrithya Jagannathan
India



Dr. Lori Rubenstein Fazzio
USA



Dr. Satish D Pathak
India



Aurelio C. Hammer
India



Dr. Gerhard Tucek
Austria



Yogachariya Jnandev
Portugal



Dr. Sampadananda Mishra
India



**Yogacharini
Sangeeta Laura Biagi**
Italy



Dr. Venkatesan
India



Dr. Cheryl Dileo
USA



Dr. Arpan Bhatt
India



Dr. Rama Reddy Karri
India



Dr. Parin Parmar
India



Dr. Uatreshwar Pargegonkar
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Dr. Sumathy Sundar
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**Yogathilakam
Smt. Devasena Bhavanani**
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Yogachemmal Cathy Davis
UK



**Yogacharya
Dr A Subramanian**
India



Dr. Anita L. Swanson
USA

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For abstract submission kindly visit: <https://forms.gle/cV1epyArvYGq5Q4z7>

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CONFERENCE SECRETARIAT

Admin office, University campus,
Mahatma Gandhi Medical College and Research Institute,
Sri Balaji Vidyapeeth
[Deemed-to-be University]

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