

Academic Programs Offered at ISCM:

We are humbly indebted to SBV for having given us the platform to bring out a curriculum that has been accepted only through the channels of regular board of studies and rigorous and meticulous Academic council meetings to have a model that coincides with the UGC norms for Higher education in yoga and music therapy.

The major highlight of the academic programs at ISCM is the adoption of the Choice Based Credit System (CBCS) recommended by the NAAC and UGC as per the New education of Policy as a major reform in higher education. As a corollary to this system, a competency-based approach has been proposed for the new programs wherein there is a lateral entry and exit options in the programs.

DOCTOR OF PHILOSOPHY IN YOGA THERAPY (PhD YT)

As per UGC norms

MASTERS IN YOGA THERAPY (MSc YT)

Course duration: Two academic years (96 weeks) with four semesters including time for assessment.

Number of seats: A maximum of 5 students may be admitted for MSc (YT) course every year.

Number of credits for MSc: 80 credits (40 + 40 credits)

Lateral entry will be offered to those candidates who possess PGDYT from SBV or candidates with PGDYT from others institutes/university if that syllabus fulfils equivalence as determined by a committee duly to be constituted for the same.

Lateral exit option will also be available for the candidates after completion of first year (40 credits) of the MSc and the student can exit with a PGDYT.

PG DIPLOMA IN YOGA THERAPY (PGDYT)

Course duration: One academic year (48 weeks) with two semesters including time for assessment.

Number of seats: Maximum of 10 candidates will be admitted for each of the certificate courses.

Number of credits for PGDYT: 40 credits

PG CERTIFICATE PROGRAMS IN YOGA THERAPY

Course duration: Each certificate course is of approximately 12 weeks (3 months) duration including time for assessment.

Number of seats: Maximum of 10 candidates will be admitted for each of the certificate courses.

Number of credits for each course: 10 credits

Four courses are being offered.

1. Certificate in Foundation of Yoga (CFY)
2. Certificate in Foundations of Yoga therapy (CFYT)
3. Certificate in Applications of Yoga (CAY)
4. Certificate in Clinical Applications of Yoga Therapy (CCAYT)

Eligibility Criteria for MSc (YT), PGDYT & PGCYT Courses:

- Modern medical and AYUSH doctors, dental surgeons, nursing professionals, bachelor in physiotherapy, occupational therapy, PGDY, MA or MSc Yoga/ Yoga therapy or equivalent certification in Yoga from institutions of repute with any bachelor degree.
- The candidates will be shortlisted based on their aptitude for teaching as determined by written test and/or interview.

DOCTOR OF PHILOSOPHY IN MUSIC THERAPY (PhD MT)

- As per UGC norms

MASTER IN MEDICAL MUSIC THERAPY (MSC MMT)

Course duration: Two academic years (96 weeks) with four semesters including time for assessment.

Number of seats: 10

Number of credits for MSc: 80 credits (40 + 40 credits)

Lateral entry into Master's program is offered after writing an eligibility test to those who have a post graduate diploma in music therapy (with an equivalent credit course).

POST GRADUATE DIPLOMA IN MUSIC THERAPY (PGDMT)

Course duration: Two academic years (48 weeks) with two semesters including time for assessment.

Number of seats: 10

Number of credits for PGDMT: 40 credits

Eligibility Criteria for MSc (MMT) & PGDMT Courses:

1. Any undergraduate with commendable skills in music (with a certificate or degree in music and/or instruments)

2. The candidates will be shortlisted based on the aptitude for teaching as determined by a written test and/or Interview.

INTERNSHIP TRAINING PROGRAMME

- Duration – 6 months for Music Therapy & 3 months for Yoga Therapy

OBSERVERSHIP PROGRAMME IN MUSIC THERAPY

- Duration – 15 days to 2 months