



....to captivate, motivate and inspire!

**SCIENTIFIC  
AND  
ACADEMIC  
FORUM**

**INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES  
SRI BALAJI VIDYAPEETH (Deemed to be University)  
Accredited by NAAC with A++ Grade**

**07/02/2023  
Puducherry**

**CIRCULAR**

**PATRON**

Mr. M.K. Rajagopalan

Chairman

**CHIEF ADVISOR**

Prof. Dr. Aruna Sharma

Principal, IGIDS

Prof. Dr. Saravanakumar

Coordinator, Academics

**MEMBER SECRETARY**

Dr. Pavithranand A

**SECRETARY**

Dr. Arya JayaVarma

Dr. Keerthana

Dr. Akash P

**TREASURER**

Dr. Sreenivasan

**STUDENT COUNCIL**

Dr. Sathish Kumar

Dr. Ritu Gupta

Avanya Lexmi

Subhiksha

SBV/IGIDS/SAF/2023/A06

Scientific and academic forum, IGIDS is pleased to inform that a lecture on "Personal Development and Communication Skills" by

D R . V I D Y A A H A R I I Y E R, has been organized on 08-03-2023 (Wednesday). All the Interns, under graduates, post-graduates and interested faculty are hereby invited for the same.

Venue: George Miller Hall, Annexure Block.

Time: 9:00 AM to 1:00 PM

Thanking you

**MEMBER SECRETARY**





# INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES



SRI BALAJI VIDYAPEETH  
ACCREDITED BY NAAC WITH 'A++' GRADE  
(DEEMED TO BE) UNIVERSITY

SCIENTIFIC AND ACADEMIC FORUM , IGIDS.

Cordially invites you to the guest lecture by



**DR. VIDYAA HARIYER** *BDS,*

Director and Founder  
Dr. Vidhya's Smile Dental Clinic,  
Chennai, India.

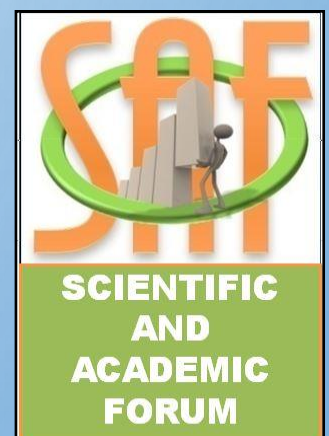
on

## “Personal Development and Communication Skills”

VENUE : MAULANA ABUL KALAM AZAD HALL,  
GROUND FLOOR,  
BAPUJI CENTRAL LIBRARY.

Date : 08-02-2023

TIME : 09:00 AM - 01:00 PM





**EVENT REPORT**

<b>SAF GUEST LECTURE</b>
Personal Development and Communication Skills
<b>Type of the Program -</b>
Student Enrichment Program / Communication Skill /Institutional/Online
<b>Conducted</b>
SAF,IGIDS
<b>Date/ Time/ Venue:</b>
08 Feb 2023/09:00- 13:00/ MEU, Annexe Block 1st Floor, SBV
<b>Target Audience/ Stakeholders:</b>
CRRIs of IGIDS
<b>Number of participants registered / attended:</b>
44 participants attended
<b>Program sponsors:</b>
SAF
<b>Credit points/ hours:</b>
NA
<b>Objectives of the Program</b>
<ul style="list-style-type: none"><li>• Participants will be briefed on the importance of proper communicating skills</li><li>• Participants will get to know the importance of body language during patient interactions</li><li>• Participants will be trained to manage the stressful situations in patient management</li></ul>
<b>Activities conducted in the Program</b>
Welcome address & Introduction of Speaker - <ul style="list-style-type: none"><li>• Dr Manoharan, Head of Department, Department of Prosthodontics and Crown &amp; Bridge, IGIDS, SBV.</li><li>• Dr. Pavithranand, Head of Department, Department of Orthodontics and Dentofacial Orthopedics, IGIDS,SBV.</li></ul>



### Detailed report of the program

The Scientific and Academic Forum, IGIDS, conducted an online Student Enrichment Program on communication skills on Wednesday, 8th Feb 2023, between 9:00 and 13:00 hrs. The resource person was Dr. Vidhyaa Hari Iyer, Director and Founder of Dr. Vidhya's Smile Dental Clinic, Chennai. The target audiences were the CRRIs of IGIDS. The program started with playing of the IGIDS anthem following which Prof Dr Manoharan, Head of Department, Department of Prosthodontics and Crown & Bridge, IGIDS, SBV welcomed and addressed the gathering and Dr. Pavithranand A, Head of Department, Department of Orthodontics and Dentofacial Orthopedics, IGIDS, SBV introduced the speaker to them. The speaker delivered a lecture on "**Personal Development and Communication Skills**"

The speaker opened the lecture with a short introduction about herself then stating the usefulness of proper communication on a day to day clinical practice and what are the ways in which the ripple effect of it exhibits. Then a small introduction on how the personality of the Dentist influences the surrounding people and environment and the shortcoming faced in the profession due to misinterpretations while communicating was told. The session was divided into 4 lectures which were communication skills, stress management, mindfulness and dentist & dentistry.

In **communication skills**, the verbal and non-verbal ways of communication were stated. The importance of using proper words during communication were briefed to the participants to enhance their efficiency in the work area. The importance and role of positive body language and posture by the dentist during communication were discussed from the patient's point of view for smooth interactions. Then the proper posture, appropriate eye to eye contact and proper communicating ways were discussed.

It was followed by a lecture on **stress management**, where different stress relieving methods like yoga , meditation and power nap were discussed and the participants along with the speaker performed few short exercises to make the session more interactive.

Then a tea break was given for 10 min followed by a lecture on **mindfulness** were various methods for proper focus were discussed and the areas which can be tiresome for the dentist and the patient were told and the various methods or tips to tackle it in a long run were given.

The final lecture was on **Dentist and Dentistry** in which the effect of communication among the dentist, their team and the patient was emphasized. The areas where the communication gets misinterpreted were told and the ways to clear it with simple methods were addressed. The proper training of the dental team by conducting various programs and seminars were recommended.

The participants then interacted with the speaker clarifying their views and thoughts about the lecture. Following the completion of the lecture the speaker was felicitated online with a certificate of appreciation



## Summary of the report

The Scientific and Academic Forum, IGIDS, conducted an online Student Enrichment Program on communication skills on Wednesday, 8 th Feb 2023, between 9:00 and 12:00 hrs. The resource person was Dr. Vidhyaa Hari Iyer, Director and Founder of Dr. Vidyaa's Smile Dental Clinic, Chennai. The target audiences were the CRRIs of IGIDS. Prof Dr Manoharan, Head of Department, Department of Prosthodontics welcomed and addressed the gathering and Dr. Pavithranand A, Head of Department, Department of Orthodontics introduced the speaker who delivered a lecture on "**Personal Development and Communication Skills**". The speaker emphasized on importance of the communication with the patients, dental assistants and with the other dentists and its validation and practical use in the field. The speaker split up the topic in 4 parts which were communication skills, stress management, mindfulness and dentist & dentistry. The talk was well received and was interactive with the participants.

## Feedback analysis/ interpretation and future action plan for further improvement in Quality

Overall feedback was Excellent.



# INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES

MAIN CAMPUS OF SRI BALAJI VIDYAPEETH

(DEEMED TO BE UNIVERSITY DECLARED UNDER SECTION 3 OF THE UGC ACT, 1956)

ACCREDITED BY NAAC WITH 'A++' GRADE



<b>Resource Persons involved</b>					
<b>S no</b>	<b>Name</b>	<b>Designation</b>	<b>Affiliation</b>	<b>Email id/ Phone numbers</b>	<b>Topic taken</b>
1	<b>Dr. Vidhyaa Hari Iyer</b>	Director and Founder of Dr. Vidhya's Smile Dental Clinic	Dr. Vidhya's Smile Dental Clinic, Chennai	drvidyaasdc@gmail.com	<b>Personal Development and Communication Skills</b>

SBV Main Campus, Pillaiyarkuppam, Pondicherry 607 402, India

☎ University Board : +91 413 2615449 to 55 ☎ Fax : +91 413 2615457

✉ E-mail : [principal@igids.ac.in](mailto:principal@igids.ac.in) 🌐 Website : <http://igids.ac.in>, <http://sbvu.ac.in>



# INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES

MAIN CAMPUS OF SRI BALAJI VIDYAPEETH  
(DEEMED TO BE UNIVERSITY DECLARED UNDER SECTION 3 OF THE UGC ACT, 1956)  
ACCREDITED BY NAAC WITH 'A++' GRADE



*Please ensure if the following enclosures have been attested and attached.*

Enclosures Check List			
Invitation/ Brochure/ Circular in PDF format	✓	Analyzed feedback report	✓
Sample certificate in PDF format	✓	Geo-tagged good quality photographs as JPEG only	✓
Participants list (Certified by the Head of the Department and Organizing Secretary)	✓	Any other (Please type here)	

Compiled by:

*[Handwritten Signature]*  
10/02/23

Dr. Pavithranand A  
Professor and Head  
Department of Orthodontics & Dentofacial Orthopedics  
IGIDS, SBV

Endorsed by:

*[Handwritten Signature]*  
 Dr. Aruna Sharma  
 Principal  
 IGIDS, SBV  
 Pudukcherry-607 402



SRI BALAJI VIDYAPEETH DEEMED TO BE UNIVERSITY  
Accredited by NAAC with 'A+' Grade



## INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES

Pillaiyarkuppam, Puducherry - 607 402

# Certificate of Appreciation



Awarded to

**Dr. VIDYAA HARI IYER**

For delivering a guest lecture on

**"Personal Development and Communication Skill"**

on 8<sup>th</sup> February 2023 at Indira Gandhi Institute of Dental Sciences,

Sri Balaji Vidyapeeth, Puducherry.

**Dr Pavithranand A**  
Secretary of SAF  
IGIDS

**Prof. Dr. Aruna Sharma**  
Principal,  
IGIDS, SBV



*"to captivate, motivate and inspire!"*





SRI BALAJI VIDYAPEETH DEEMED TO BE UNIVERSITY  
Accredited by NAAC with 'A++' Grade



## INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES

Pillaiyarkuppam, Puducherry - 607 402

# Certificate of Appreciation



Awarded to

**Dr. Vidaa Hari Iyer,**

For delivering a guest lecture on

**"Personal Development and Communication Skill"**

on 8<sup>th</sup> February 2023 at Indira Gandhi Institute of Dental Sciences,

Sri Balaji Vidyapeeth, Puducherry.

**Dr Pavithranand A**  
Secretary of SAF  
IGIDS

**Prof. Dr. Aruna Sharma**  
Principal,  
IGIDS, SBV



*"to captivate, motivate and inspire!"*



**SRI BALAJI VIDYAPEETH** DEEMED TO BE UNIVERSITY  
Accredited by NAAC with A++ Grade



## INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES

Pillaiyarkuppam, Puducherry - 607 402

# Certificate of Participation

Awarded to

Miss./ Mr./ Dr.....

for attending Guest Lecture on

**"Personal Development & Communication Skills"**

on 08<sup>th</sup> February 2023 at Indira Gandhi Institute of Dental Sciences,

Sri Balaji Vidyapeeth, Puducherry.

**Dr Pavithranand A**  
Secretary of SAF  
IGIDS

**Prof. Dr. Aruna Sharma**  
Principal,  
IGIDS, SBV



*"to captivate, motivate and inspire!"*



SCIENTIFIC  
AND  
ACADEMIC  
FORUM

... to captivate, motivate and inspire!

INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES  
SRI BALAJI VIDYAPEETH (Deemed to be University)  
Accredited by NAAC with A++ Grade

07/02/2023  
Puducherry

**PATRON**

Mr. M.K. Rajagopalan  
Chairman

**CHIEF ADVISOR**

Prof. Dr. Aruna Sharma  
Principal, IGIDS

**MEMBER SECRETARY**

Dr. Pavithranand A

**SECRETARY**

Dr. Arya JayaVarma  
Dr. Keerthana  
Dr. Akash P  
Dr. Praveen Kumar

**TREASURER**

Dr. Sreenivasan

**STUDENT COUNCIL**

Dr. Sathish Kumar  
Dr. Ritu Gupta  
Avanya Lexmi  
Subhiksha

SBV/IGIDS/SAF/2023/A04

From,  
The Member Secretary  
Scientific Academic Forum  
IGIDS.


To  
The Deputy Director,  
MEU, SBV.

Respected sir/madam,

[Sub: Permission requisition for George Miller Hall, Annexure Block for  
SAF programme on 08-02-2023]

I hereby request you to kindly grant permission for utilizing the hall for  
SAF programme scheduled to be held on 08-02-2023 (Wednesday) from  
9.00 am to 1.00 pm.

Thanking you

  
SECRETARY





**GPS Map Camera**

**Pillayarkuppam, Puducherry, India**

**RQ6G+Q84, Pillayarkuppam, Puducherry 607402, India**

**Lat 11.811769°**

**Long 79.776043°**

**08/02/23 09:53 AM GMT +05:30**



**Google**



**GPS Map Camera**

**Pillayarkuppam, Puducherry, India**

**RQ6G+Q84, Pillayarkuppam, Puducherry 607402, India**

**Lat 11.811769°**

**Long 79.776043°**

**08/02/23 09:05 AM GMT +05:30**



**Google**